

WALK 7

THE LOCHS WALK, BOWHILL ESTATE

2mls/3.2kms with 80ft/25m climb. Grade: Easy

A leisurely walk, on the level, around two pretty lochs on the Bowhill Estate.

Start & Finish: Parking area behind Bowhill House, Grid Reference NT425278

1. From the parking area, walk back along the road past the entrance to the courtyard. Take the first right, dropping downhill and after 50 yds turn left onto a woodland path which follows the Upper Loch in a clockwise direction.

2. After ½ mile you pass the 'Three Beeches', which are some of the oldest trees on the estate. Keep straight on to reach the tarmac road. This crosses 'the vista', from where you will have a spectacular view of Bowhill House.

3. Shortly after crossing 'the vista', take the woodland path to your left. This leads down to the lower loch. Follow the path round the Loch in a clockwise direction. The path climbs up slightly to join a track, but you soon turn right again heading back down to the lower loch.

4. Pass the boat house and stay to the right returning to the tarmac road. Turn right onto this road which climbs the hill, crosses 'the vista' again and leads you back to the start.



Walk 7 Walk 8 Walk 9