WHITE SHANK, CAPEL FELL & ETTRICK HEAD SHORTER CIRCULAR

6.5mls/10.5kms with 1,445ft/440m climb. Grade: Moderate/Strenuous

Start & Finish: As walk 10.

1. Follow the route described in walk 10. At Ettrick Head, on reaching the intersection with the Southern Upland Way, turn left onto the Way, descending to Over Phawhope Bothy and back to the start.



Over Phawhope Bothy



Descending down the Southern Upland Way

WALK 12

ETTRICK HEAD, WIND FELL, HOPETOUN CRAIG & ETTRICK PEN CIRCULAR

6.5mls/10.5kms with 1,310ft/400m climb. Grade: Moderate/Strenuous

Start and Finish: As walk 10.

1. Follow the Southern Upland Way past Potburn and Over Phawhope Bothy and on up to Ettrick Head, which is the boundary between the Scottish Borders and Dumfries and Galloway. From here, turn left and follow paragraphs 3 and 4 of the directions for walk 10.



Entertrona Burn with Ettrick Pen in distance



Track leading to Over Phawhope Bothy